

## 49th Annual Leonard LeBaron Inge Sr. Clinical Pharmacy Symposium

### *The Pharmacist Role in Managing Diabetes*

#### Friday, March 6th: 1.5 hrs RC, GCE or TECH

3:45 pm—4:00 pm  
 4:00 pm—5:30 pm

Opening remarks by Dean Ablordeppey and welcome comments  
 Education: 1.5 hrs GCE/TECH/RC

#### Health Beyond Numbers: Recognizing the Social Determinants of Health in Type 2 Diabetes

*Samantha L. Thompson, PharmD, CPh, Assistant Professor of Pharmacy*

Upon completion of this program pharmacists will be able to: Define the concept of social determinants of Health (SDOH) and explain their relevance to Type 2 diabetes prevention and management; Identify key social determinants that influence the prevalence and outcomes of Type 2 Diabetes; Describe how social determinants of health contribute to health disparities and medication adherence challenges among patients with Type 2 Diabetes; Recognize evidence-based strategies and community resources pharmacists can use to address SDOH barriers in diabetes care; Explain the pharmacist's role within interdisciplinary care models to mitigate the impact of SDOH on diabetes outcomes; Upon completion of this program technicians will be able to: List basic concepts of social determinants of health related to Type 2 diabetes; Name health disparities and medication adherence challenges for Type 2 Diabetes patients

UAN: 0011-0000-26-001-L01-P

UAN: 0011-0000-26-001-L01-T

#### Saturday, March 7th: 6 hrs RC, GCE or TECH

7:30-8:00am

Webinar Opens  
 Announcements

8:00-9:30am

Education: 1.5 hrs GCE/TECH/RC

Diabetes Defined: What is this Disease?

*Otis Kirksey, PharmD, CDCES, BC-ADM*

Upon completion of this program pharmacists will be able to: Define what is meant by prediabetes; Describe the differences between Type 1, Type 2 and gestational diabetes; List the risk factors for patients approaching a diabetes diagnosis; Explain the physiology of how blood sugar is regulated in the body; Outline the prevalence of diabetes within certain populations; Describe the public health risks of unmanaged diabetes care. Upon completion of this program technicians will be able to: Recall common terms used to describe a patient with diabetes; Name basic public health issues found in patient populations where diabetes has been found

UAN: 0011-0000-26-002-L01-P

UAN: 0011-0000-26-002-L01-T

9:30-11:00am

Education: 1.5 hr GCE/TECH/RC

Diet, Exercise and Lifestyle Changes for Diabetic Patients

*Avalon Adams-Thames, DrPH, MPH, Assistant Professor, FAMU IPH*

Upon completion of this program pharmacists will be able to: State the ideal dietary behavior needed to maintain good health; Explain to patients the benefits of appropriate exercise to help ward off the onset of diabetes; Express the importance of lifestyle changes and options available for consumers to sustain healthy living; Upon completion of this program technicians will be able to: List basic things patients should know about diet; Name common lifestyle changes beneficial to healthy living.

UAN: 0011-0000-26-003-L01-P

UAN: 0011-0000-26-003-L01-T

11:00-11:15am

BREAK

11:15-12:45pm

Education: 1.5 hrs GCE/TECH/RC

A1C is Not Just Two Letters with a Number in the Middle: Diabetes Testing and Monitoring for Pharmacists

*Faith Maignan, PharmD, BCPS, AAHIVP, Assistant Professor of Pharmacy Practice*

Upon completion of this program pharmacists should be able to: Describe what diabetes testing is looking for; Demonstrate how to use various home testing devices for patients who need to self monitor their blood glucose; Explain normal values of various diabetes testing; Review blood glucose testing results and determine a course of action; Describe the process for obtaining a CLIA waiver; Describe what pharmacists can do with CGM information; Upon completion of this program technicians will be able to: Name basic diabetes testing options; List common diabetes testing normal values; State what CGM information may be used for.

UAN: 0011-0000-26-004-L01-P

UAN: 0011-0000-26-004-L01-T

12:45-2:15pm

Education: 1.5 hrs GCE/TECH/RC

Standard of Care for Diabetic Patients

*Otis Kirksey, PharmD, CDCES, BC-ADM*

Upon completion of this program pharmacists should be able to: Identify patients at risk for diabetes; Describe the Type 2 diabetes risk assessment and how to administer it. Identify the importance of obtaining a complete medical history of a diabetic patient; List the health goals for patients newly diagnosed with diabetes; Describe the American Diabetes Association Standards on self-management education and support; Upon completion of this program technicians will be able to: Define basic risk factors for diabetes; List common elements of patient medical history; Recall basic American Diabetes Association standards on education

UAN: 0011-0000-26-005-L01-P

UAN: 0011-0000-26-005-L01-T

GCE = General CE TECH = Technician CE RC = Consultant CE

#### Sunday, March 8th: 6 hrs RC, GCE or TECH

7:30-8:00am

Webinar Opens  
 Announcements

8:00-9:30am

Education: 1.5 hrs GCE/TECH/RC

Building a Diabetes Collaborative Practice in Pharmacies

*Jonathan Marquess PharmD, CDCES, FAPhA, VP AIP, Georgia Pharmacy Association*

Upon completion of this program pharmacists will be able to: Restate regulations on establishing a diabetes collaborative practice; Identify elements of a diabetes collaborative practice agreement; Describe best practices for marketing and building a successful diabetes collaborative practice. Upon completion of this program technicians will be able to: Recall pharmacy regulations on diabetes collaborative practice; Select key elements of a marketing plan for a diabetes collaborative practice.

UAN: 0011-0000-26-006-L01-P

UAN: 0011-0000-26-006-L01-T

9:30-11:00am

Education: 1.5 hr GCE/TECH/RC

Current Trends in Diabetes Management and Drug Therapy

*Gervin Robertson, PharmD, MBA, MHA, Assistant Professor of Pharmacy Practice*

Upon completion of this program pharmacists will be able to: Classify the various treatment options for patients with diabetes; List common side effects of diabetes drug therapy; Describe the mechanisms and use of insulin pumps; Upon completion of this program technicians will be able to: Name basic treatment options for patients with diabetes; Recall basic side effects of diabetes therapy; Label elements of insulin pumps.

UAN: 0011-0000-26-007-L01-P

UAN: 0011-0000-26-007-L01-T

11:00-11:15am

BREAK

11:15-12:45pm

Education: 1.5 hrs GCE/TECH/RC

Counseling and Managing Patients with Diabetes

*Chenita W. Carter, PharmD, MS, Associate Professor of Pharmacy Practice, FAMU*

Upon completion of this program pharmacists should be able to: Utilize the skills in motivational interviewing to encourage patient diabetic health behavior; Discuss best practices used to obtain optimal patient compliance in diabetes therapy; List ideal tools used to follow up and track with patient care; Upon completion of this program technicians will be able to: State how motivational interviewing encourages patient diabetic health behavior; Recall basic elements of optimal patient compliance in diabetes therapy.

UAN: 0011-0000-26-008-L01-P

UAN: 0011-0000-26-008-L01-T

12:45-2:15pm

Education: 1.5 hrs GCE/TECH/RC

Seniors with Diabetes: What Do We See in this Population?

*Javonté Blackmon, Doctor of Pharmacy Candidate, Syreeta Tilghman, PhD*

Upon completion of this program pharmacists will be able to: Describe guidelines for treatment options for geriatric patients with diabetes; State barriers to compliance with elderly patients with diabetes; Discuss common adverse effects in geriatric diabetic patients; List appropriate therapy for seniors with diabetes; Upon completion of this program technicians will be able to: List common treatment options for geriatric diabetic patients; Name common barriers to compliance with elderly patients with diabetes; Name common therapy for seniors with diabetes.

UAN: 0011-0000-26-009-L01-P

UAN: 0011-0000-26-009-L01-T

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